

Weekly Prayer Letter

Week of 14 June 2020

The Beautiful Gift of Sleep

“Unless the LORD builds the house, those who build it labour in vain. Unless the LORD watches over the city, the watchman stays awake in vain. ²It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for He gives to His beloved sleep.” (Psalm 127:1-2)

One of the most amazing revelations of Scripture is that sleep is a gift from God for those He loves. During this time of uncertainty, many of us may lose sleep because we are anxious about how long this pandemic will last; how it will affect the economy, our jobs, our leisure, our health, our lives, our family, etc.

Solomon here reminds us that unless the LORD is centered in our life, everything else we do is in vain (Psalm 127:1-2) and therefore we are to commit everything to our Lord.

A good example will be the life of King David. King David often finds himself under tremendous pressure, surrounded by his enemies from every side and his life threatened. Yet he is blessed with untroubled and restful sleep. You may ask, “How is it possible?”

David gives two reasons: First, “... the LORD sustains me. I will not be afraid of many thousands of people who have set themselves against me all around” (Psalm 3:5-6). Second, “... You alone, O LORD, make me dwell in safety” (Psalm 4:8).

David’s security is solely dependent on the LORD and not on the circumstances and situations surrounding him. He clings on to God’s unfailing promise of His word. He finds peace with God as he commits himself daily to the LORD. He knows that his life is in God’s hand. He can sleep and wake up without anxiety. His confidence and security are in the LORD.

If you are one of the many today having sleepless nights, will you like King David, put your faith in the LORD, commit to Him all your concerns and accept His beautiful love gift of sleep?

- adapted from “Chords from David’s Harp” by Derek Prince

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Prayer Pointers for Covid-19

1. Pray that the LORD will diminish the harmful effects of the Covid-19; stop its power of transmission and bring healing to the millions of people who are struggling with this virus.
2. Pray that the LORD will guide the medical fraternity to develop a cure for the Covid-19 and that it can be manufactured quickly for consumption so that the many who are infected will be healed.
3. Pray that there will be no recurrence of the “second wave” of transmission of the Covid-19 in all over the world as many nations have begun to ease off their restrictive measures and travel.
4. Pray that the number of infection and death across the world will decrease significantly; and the healing and recovery rate will increase rapidly.
5. Pray that the LORD will provide resources, innovative ideas and for a prolonged time of peace after the end of this pandemic so that the nations can recover and restore their economy.

We Are Here For You!

- Perhaps you are going through a challenging time, and you need someone to pray with you, our pastoral team is here and ready to journey with you.
- Even though we may not be able to be with you in person, we can still reach you via telephone and other means.
- You may submit any Prayer Requests online via our church website at <https://www.faithmc.sg/care-help/prayer-requests/>.