

Weekly Prayer Letter

Week of 17 May 2020

Cultivate An Inner Stillness

Psalm 46:1-7, 10

The scene today is somewhat similar to the psalmist's description in Psalm 46. Our lives, economies, studies, worship, etc. are being dismantled by the Covid-19 and even our faith is being shaken. In the midst of all this we must listen to what God is saying to His people: "God is our refuge and strength, an ever-present help in trouble ... Be still, and know that I am God" (Ps. 46:1, 10). We must not permit the confusion in the world around us to disturb our own spirits. No matter how great the pressures, we must continually cultivate an inner stillness that permits us to hear what God is saying: He is our refuge and strength, an ever-present help in trouble. Do not give way to fear. The situation is not out of control. Ultimately all things will work out for our good and for His glory.

Let us be aware of God's presence. He dwells in every Christian; He is our Protector in the Person of the Holy Spirit who lives in us. What this really means for us is that it would no longer be God with us; it would now be "Christ in us, the hope of glory" (Col. 1:27). May this be of comfort to us in these turbulent times.

Faith's Response:

"Help me, Lord, to maintain an inner stillness so that I can hear Your voice in spite of all the confusion around me."

*Rev Peter Koh
Pastor
Faith Methodist Church*

Prayer Pointers for Covid-19

1. Ask God to protect the most vulnerable in the world - the elderly, the mentally-ill, the poor, the homeless, the immigrants, the children and the destitute from being infected and from being succumbed to the destructive power of the Covid-19.
2. Pray that the Lord will grant wisdom and foresight to the ministerial committee in charge of this pandemic crisis to do the right thing at the right time in the right way and for the right reasons to overcome the Covid-19 crisis.
3. Pray that the Lord will guide the government of **Malaysia** to implement the gradual lifting of restrictions of the "Control Movement Order" and that the people will cooperate to abide by its measures in order to restrain the spread of the virus in the community.
4. Pray that the people of **Indonesia** will cooperate with the new restriction measures; by limiting religious events, prohibiting the socio-cultural activities, less travelling of people between villages, and the closing of schools and workplaces.
5. Pray that the Lord will direct the decision of the **Philippines** government to extend the current enhanced community quarantine taking into consideration the potential public health consequences and the socio-economic impact on the overall country.

We Are Here For You!

- Perhaps you are going through a challenging time, and you need someone to pray with you, our pastoral team is here and ready to journey with you.
- Even though we may not be able to be with you in person, we can still reach you via telephone and other means.
- You may submit any Prayer Requests online via our church website at <https://www.faithmc.sg/care-help/prayer-requests/>.