

A picnic is a great way to spend quality time together, whether as a gathering of a few friends, of individual families or of Small Groups. In Singapore, we are blessed with so many fabulous picnic spots. So in line with Faith's direction of One Family, consider gathering those around you for a fun picnic! It's simpler than you think and you can use our pointers below as a guide.

Let's get planning!

- Choose a date
(weekends are best!)
- Choose a time
(morning or late-afternoon are recommended)
- Choose a picnic spot
- Consider what to bring



Have fun and
share your photos with us!

 @FaithMethodistChurch

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Family Life Ministry



THE FAITH FAMILY

FABULOUS PICNIC

GUIDE



Choosing A Picnic Spot

These are some of Singapore's most popular picnic spots and their highlights.
Feel free to add your own to the list!

BISHAN PARK

- Fenced dog run
- River that runs through the park
- Playground / Water play area



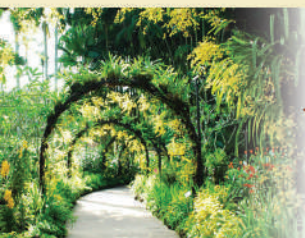
LABRADOR PARK

- Scenic trail
- Historical / Educational sites
- Children's playground
- Sea view



BOTANIC GARDENS

- Plenty of flora, fauna & greens
- Feed fishes & swans
- Free concerts (timings vary)



EAST COAST PARK

- Build sandcastles
- Cycling
- BBQ pits
- Enjoy the sea breeze



FORT CANNING

- Spice Garden
- Archaeological / Heritage sites
- Walking trail



PASIR RIS PARK

- Huge playground
- Mangrove walk
- Cycling
- By the sea



WEST COAST PARK

- Lots of open space by the sea
- Sand play area
- Playground for different ages



GARDENS BY THE BAY

- Water park & playground
- Light show at night (timings vary)
- Lots of greenery



HORT PARK

- Themed gardens
- Guided workshops (timings vary)
- Plenty of greens & shades



What To Bring

REFRESHMENTS

- Sandwiches
- Pastries
- Cocktail sausages
- Cheese & crackers
- Cookies
- Chips
- Pizza
- Fried rice / Noodles / Bee hoon
- Fruits
- Packet / Bottled drinks
(consider chilling them in a cooler box!)
- Disposable plates, utensils, cups, tissues, trash bags

ENTERTAINMENT

- Ball
- "Capteh"
- Kites
- Frisbees
- Kids will find plenty of ways to entertain themselves with even simple games, while the adults can enjoy time catching up!*

OTHERS

- Mats / Foldable chairs
- Sunblock / Hats
- Insect repellent




无论是与几位朋友、家人或小组聚会，野餐是共渡过美好时光的好方式。在新加坡，我们有许多很好的野餐地点。因此为符合思珍堂「一个家庭」的教会方向，您可考虑集合身边的人去野餐！这比您想象中简单，而您也可参考我们以下的点子。

让我们开始规划吧！

- ✱ 选择适合的日期（周末为佳！）
- ✱ 选择适合的时间
（早上或接近傍晚为佳）
- ✱ 选择适合的野餐地点
- ✱ 考虑要携带的物品



尽情玩乐，
并与我们分享您的照片！

 @FaithMethodistChurch

由家庭生活事工
为您呈现



思珍堂大家庭

美好的野餐

指南



选择野餐地点

这些是新加坡较热门的野餐地点及其亮点。您可随意把自己的地点列入其中！

碧山公园

- 附有围栏的遛狗区
- 穿过公园的河流
- 游乐场/ 玩水区

植物园

- 许多的草木鸟禽
- 喂鱼和天鹅
- 免费的音乐会（时间不定）

东海岸公园

- 建造沙堡
- 骑脚踏车
- 烧烤
- 享受海风

福康宁公园

- 香料园
- 考古/ 文化遗产
- 步行道

滨海湾花园（滨海南、滨海东与中部滨海花园）

- 儿童戏水乐园及游乐场
- 夜间灯光秀（时间不定）
- 四处绿意盎然

园艺公园

- 主题花园
- 导览活动/ 研习班（时间不定）
- 充满翠绿草坪与树荫

拉柏多公园

- 景色优美的步行道
- 历史/ 教育性场地
- 儿童游乐场
- 海景

滨海堤坝

- 美景一览无遗
- 放风筝
- 看夕阳
- 儿童戏水区

白沙公园

- 巨大游乐场
- 红树林走道
- 骑脚踏车
- 海边

西海岸公园

- 靠海的广阔空地
- 玩沙区
- 适合各年龄层的游乐场

携带物品

茶点

三文治、糕点
小香肠
芝士与饼干
曲奇饼、薯片
披萨饼
炒饭 / 面 / 米粉
水果

包装 / 罐装水（可考虑放在冷藏箱保冷）
用后即丢碟子、餐具、
杯子、纸巾、垃圾袋

娱乐

球
毽子
风筝
飞盘

孩童会找到许多方式自娱，即使是简单的游戏，而成人可乘机叙旧！

其他

草席 / 折叠式椅子
防晒膏 / 帽子
驱虫剂

